

Dr. Shahla Rah MD, FACC

Website: www.ocgastrodoc.com
113 Waterworks Way, Suite #340
Irvine, CA 92618

UPPER G.I. ENDOSCOPY

WHAT IS THE TEST?

You are scheduled for a test called an Upper G.I. endoscopy. During this test you will swallow a bendable tube that has a light and camera on the end of it. This will let the doctor see the inside of your esophagus or swallowing tube, the stomach and the first part of your small bowel or intestine. Sometimes small samples of tissue are taken called biopsies, but you will not feel this.

HOW DO I GET READY FOR THIS TEST?

- 1) Do not take any aspirin or aspirin-containing products for 7 days before the test (including Alka-Seltzer).
- 2) Do not take any non-steroidal anti-inflammatory drugs for 3 days before the test (for example, Advil, Motrin, Ibuprofen or Celebrex). You may take Tylenol for pain.
- 3) You may be given a lab slip which **MUST** be done 1 to 5 days prior to your procedure if the physician feels that it is necessary.
- 4) You can eat dinner the night before the test, **BUT DO NOT EAT ANYTHING AFTER MIDNIGHT.** (Your stomach **MUST** be empty or the doctor will not be able to see anything). You may have water up to 4 hours before the procedure.
- 5) **DIABETICS** On the morning of the test, **DO NOT** eat or take insulin.
- 6) If you are on blood pressure medicine, take it (at 6:00 a.m.) with a small sip of water, the morning of the test, and bring it with you.
- 7) Be sure to tell the doctor and the nurse if you have a heart murmur or an artificial valve.
- 8) Please **leave all jewelry at home .**

WHAT ARE THE RISKS OF THE PROCEDURE?

The risks associated with this test are very low and includes bleeding, infection, perforation (making a tear) and drug reactions since you will be sedated (made very sleepy) for the procedure. However, the chance of this occurring is less than 1%.

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WHAT WILL HAPPEN BEFORE THE TEST?

- 1) The back of your throat may be sprayed with some numbing medicine.
- 2) The nurse will put an IV in your arm and a medicine will be given through the IV to make you sleepy and relaxed.

WHAT WILL HAPPEN AFTER THE TEST?

- 1) You may be sleepy after the test from the medicine. Then you will be sent to the recovery room.
- 2) You may be hoarse and experience a sore throat for a few days. You may also feel bloated or gassy for a few hours.
- 3) Please make arrangements for a ride home after the procedure. You may not drive yourself home, take a taxi or a bus after the procedure.
- 4) Someone will need to care for you 3-4 hours after the procedure is done.

WHERE DO I GO FOR THE PROCEDURE?

**Please arrive 1 hour before your procedure time*

Procedure Date _____ **Time** _____

- Irvine Endoscopy.....(949) 679-6700
15825 Laguna Canyon Rd #100, Irvine, CA 92618
- Newport Center Surgical..... (949)706-6300
17 Corporate Plaza #120, Newport Beach, CA 92660
- Hoag Irvine.....(949) 517-3161
16200 Sand Canyon Ave, Irvine, CA, 92618

Please note: Bring insurance information and/or insurance card with you at the time of the procedure. Failure to do so could result in rescheduling the procedure. **Please bring a list of your medications with you to the procedure. If you cannot keep this appointment or have any questions, please call (949) 650-6700. Make sure to call within 48 hours of your procedure to cancel as there is a cancellation fee. And call the facility you are scheduled to meet to inform them of your cancellation as well. Thank you.**