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Bravo Capsule PH Monitoring Prep

1. Nothing to eat or drink after midnight the night before the procedure. If your procedure is after 12 noon, you may have 8oz of a clear liquid before 8 am then nothing by mouth.
2. Because you will be sedated, you cannot drive after the procedure is over. You must have someone to drive you home after the procedure or it will not be performed. This is for your own safety. You may not take a taxi by yourself or the bus. If you give us a phone number when you are being admitted, we will be happy to speak with the person driving you home and call them to arrange a time to meet them. You will be with us approximately 2 ½ hours.
3. You should not take any Aspirin, Motrin or like medications 10 days prior. No Plavix for 5 days before the procedure. If you are on Coumadin, you must get your doctor's permission to stop this drug. We will let you know when you can start back on it. Stop taking Vitamin E 7 days prior to your procedure.
4. Continue antacid medication, such as Prilosec, Prevacid, Protonix, Aciphex, and Nexium, Zantac, Pepcid, Tagamet or Axid. You may take your medication the morning of the procedure with a small sip of water.
5. Wear comfortable clothes to the procedure.
6. Bring your insurance card with you.
7. Bring a list of your current medications.
8. If you have any special needs, please notify staff prior to your procedure (Interpreter, pacemaker, internal defibrillator, latex allergy).
9. If you are a Diabetic, please bring your Insulin and Insulin syringes with you. We will check your sugar before and after the procedure and may need to give a dose.
10. If you have any questions or need to cancel, please call (949) 650-6700. Thank you.